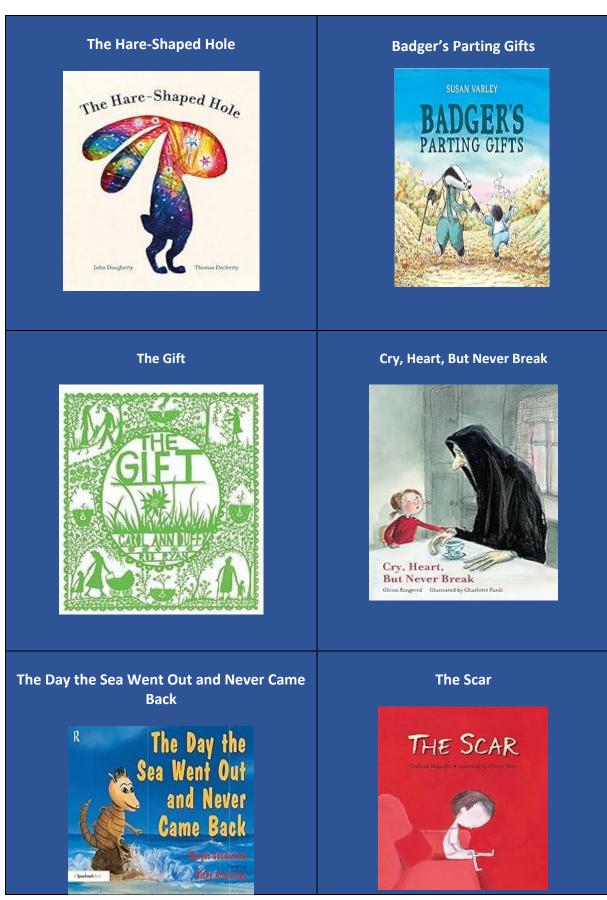
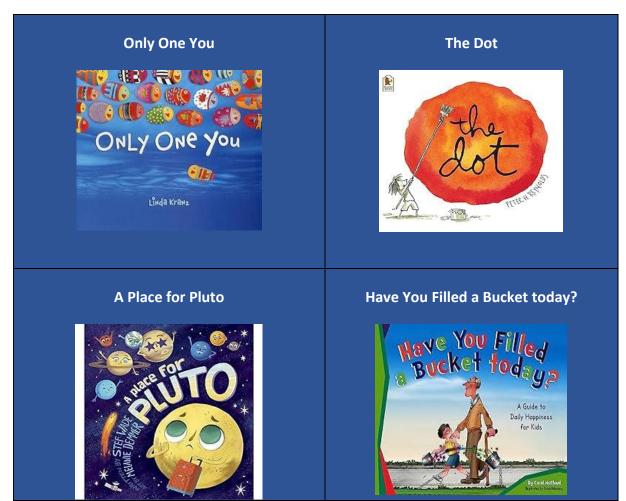
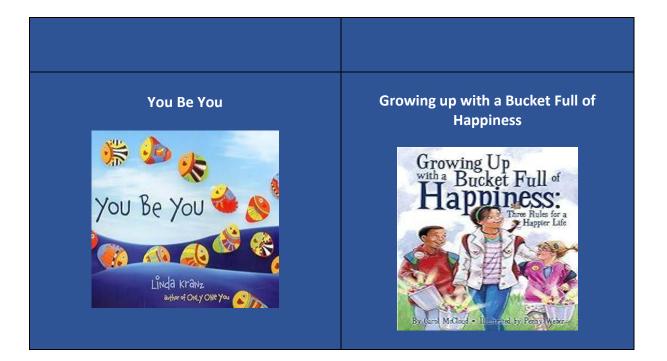
#### **Berievment & Loss**





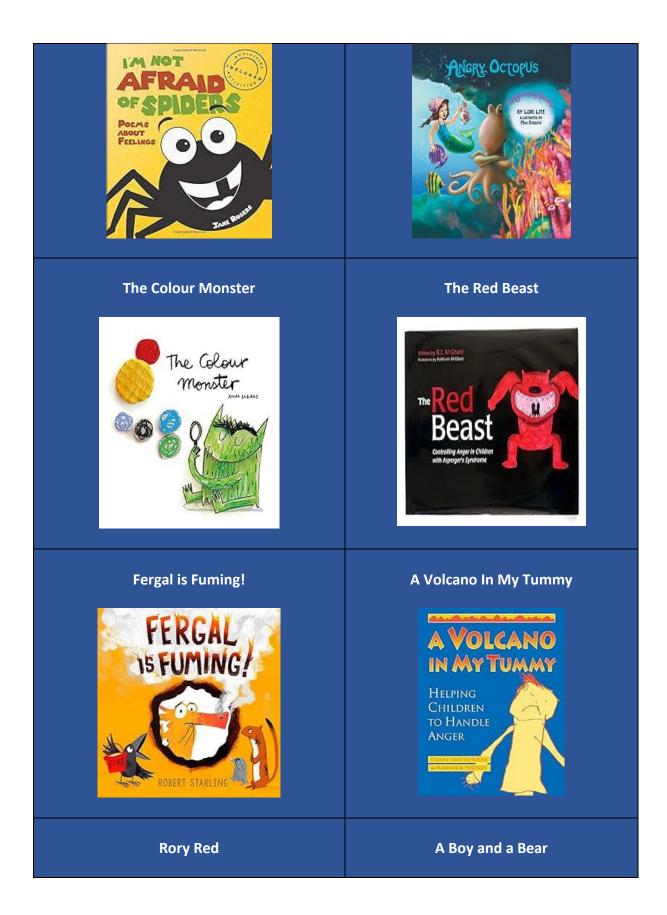
### Self-Esteem





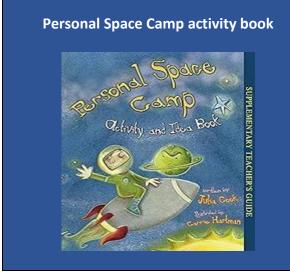
# **Feelings**





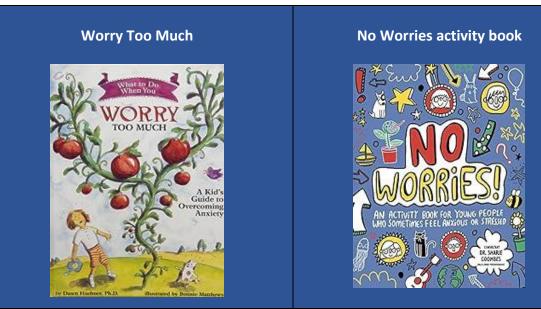


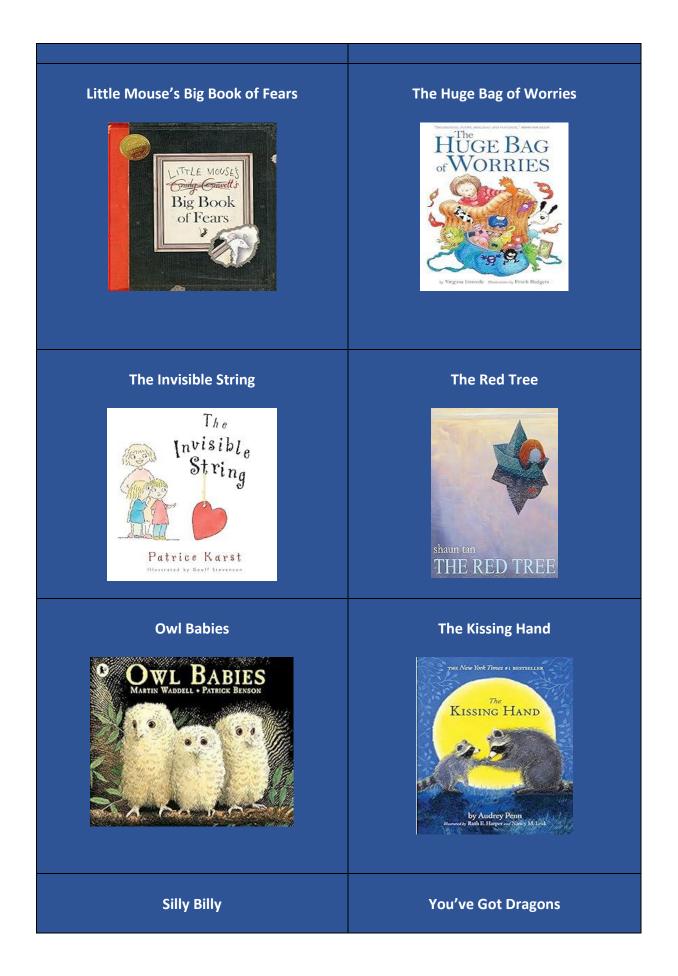
# **Personal Space**

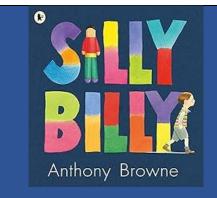


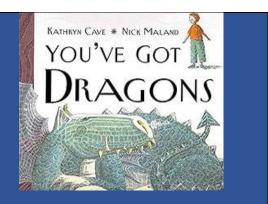
Personal Space Camp

# **Anxiety and Worries**









Reading Well

Reading well for children provide quality-assured information, stories and advice to support children's mental health and wellbeing. Books have been chosen and recommended by leading health professionals and co-produced with children and families. We have a selection of these books on display for children to read or you could visit your local library. Selected titles are also available to borrow as e-books and audiobooks.

Website: <u>Children |</u> <u>Reading Well</u> <u>booklists |</u> <u>Books |</u> <u>Reading Well</u> <u>(reading-</u> <u>well.org.uk)</u>