



PE Curriculum Map 2023-24						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS Links Get Set for PE	Settling In/Myself Cosmic Yoga, setting routines of going to hall, circle games and following instructions.	Autumn/Trees Introduction to PE - Unit 2 Spatial awareness, linked to other aspects of EYFS areas of learning - setting routines and ourselves etc. Celebrations Christmas - actions to songs Halloween - Cosmic Yoga Halloween	Dinosaurs BBC Teach - Dinosaur movement songs Fundamentals - Unit 2 Balancing, running, jumping, changing direction, different ways of moving.	Food Dance - Unit 2 Travelling, balancing, copying and performing actions, balance and coordination Celebrations Easter Mother's Day	Planting and Growing Digging - demonstrating strength Games - Unit 2 Running, changing direction, striking a ball	Minibeasts Gymnastics - Unit 2 Making shapes. balancing, jumping, rolling, travelling, safety Sport's Day
Year 1	Gymnastics	Fundamentals	Ball skills	Gymnastics	Dance & Yoga	Athletics
Year 2	Gymnastics	Fundamentals	Invasion games	Gymnastics - flow	Ball Skills	Athletics
Year 3	Fundamentals	Gymnastics	Basketball	Athletics	Gymnastics - flow	Swimming Dance and yoga
Year 4	Dance	Gymnastics	Dance and yoga Swimming	OAA	Gymnastics - flow	Rounders
Year 5	Fundamentals Swimming	OAA	Gymnastics Swimming	Badminton	Athletics	Gymnastics - flow
Year 6	Swimming OAA	Netball	Gymnastics	Athletics	Badminton	Gymnastics

Taught by external specialist